



# Breakfast



# Plated Breakfast

*Plated Breakfasts available for groups of 15 to 500 guests.*

*All Plated Breakfasts include Freshly Brewed Regular & Decaf Coffee, Orange Pekoe and Herbal Tea.*

## **Plated Option 1 / \$29**

Ontario Free Range Poached Egg, Yukon Gold Potato Rosti, Roasted Peameal, Citrus Hollandaise, Shoot Boss Herb Salad

## **Plated Option 2 / \$27**

Ontario Free Range Scrambled Eggs, Smoked Cheddar, Crisp Bacon, Lock St. Meats Chicken Blueberry Sausage, Sea Salt Roasted Sweet Potato

## **Plated Option 3 / \$28**

Niagara Comfort Cream & Chive Quiche, Country Style Sausage, Maple Smoked Bacon, Thyme Seasoned Mini Potatoes, Roasted Tomatoes, Watercress

# Breakfast Buffet

*Buffet Breakfasts available for groups of 25 guests and up*

*All Breakfast Buffets include Fruit Juices, Freshly Brewed Regular & Decaf Coffee, Orange Pekoe and Herbal Tea. Note some products may change based on season and availability.*

## **Early Mist Buffet 1 / \$25**

Sliced Fruit & Seasonal Berries, Individual Yogurt Parfaits, Freshly Baked Savory & Sweet Scones, Assorted Butter Croissants, Bagels, Creamery Butter, Local Preserves, Seasonally Flavoured Cream Cheese

## **Early Mist Buffet 2 / \$32**

Sliced Fruit & Seasonal Berries, Individual Yogurts, House Made Granola & Dried Fruit, Ontario Free Range Scrambled Eggs, Peameal Bacon, English Breakfast Sausage, Home Style Herb Potatoes, Tomato Salad

## **Early Mist Buffet 3 / \$35**

Seasonal & Imported Fruit Salad, Individual Yogurts, Oatmeal, Honey, Dried Berries, Toasted Seeds, Fluffy Pancakes, Ontario Maple Syrup, Macerated Berries, Forest Mushroom Egg Frittata with Fresh Herbs and Caramelized Onion, Smoky Bacon, Country Style Pork Sausage, Yukon Gold Parmesan & Rosemary Potatoes

## **Natures Choice Buffet (Min 100 Guests) / \$38**

Organic Orange Juice, Wheat Grass Smoothies, Selection of Organic Fruits, Organic & Nut Free Granola, Local Organic Yogurts, Berries, Free Range Scrambled Eggs with Roasted Zucchini & St. David's Peppers, Lock St. Meats Apple & Cinnamon Chicken Sausage, Organic Sweet Potatoes with Roasted Shallots, Organic Muffins & Multi Grain Croissants, Selection of Local & House Made Preserves

### **Healthy Start Buffet 1 / \$32**

Yogurt & Berry Parfaits, Seasonal & Imported Fruit Salad, Natural Granola Bars, Breakfast Sandwiches: Ontario Free Range Eggs, Willowgrove Hill Farms Peameal Bacon, Pine River Cheddar, Leamington Tomatoes, Whole Wheat English Muffin; Silken Tofu, Stewed Chickpea, Goats Feta, Marinated Tomatoes, Whole Wheat Wrap, House Made Scones Various Seasonal Flavours, Creamy Butter, Local Preserves

### **Healthy Start Buffet 2 / \$33**

Selection of Seasonal Whole Fruits, Individual Yogurts, House Cured Salmon, Crème Fraiche, Lemon, Capers, Chives, Whole Wheat & Sesame Seed Bagels, Flavoured Cream Cheeses, Roasted St. David's Pepper & Onion, Frittata with Fresh Oregano, Warm Chickpea Salad with Leamington Tomatoes, Green Onions and Red Onion

### **Healthy Start Breakfast 3 / \$33**

Seasonal & Imported Fruit Salad, Yogurt & Toasted Grains Parfaits, White Bean Stew, Roasted Shallots, Peppers, Zucchini, Fresh Herbs, Ontario Free Range Scrambled Egg Burrito, Seasonal Accompaniments, House Made Banana Loaf, Creamy Butter, Local Preserves, Low Fat, Seasonally Flavoured Muffins

# À la Carte Items

## **Beverages**

Hot Beverages: Freshly Brewed Regular & Decaf Coffee,  
Orange Pekoe & Herbal Tea / **\$3.95 per person**

Freshly Brewed Coffee – 50 Cup Urn / **\$170 urn**

Freshly Brewed Coffee – 100 Cup Urn / **\$335 urn**

Canned Soft Drinks / **\$3.85 each**

Bottled Mineral Water: Perrier (330ml.) / **\$4 each**

Energy Drinks / **\$5.50 each**

Hot Chocolate / **\$3.25 each**

Canned Juices: Apple, Orange, Cranberry, Grapefruit Cocktail / **\$3.85 each**

Milk: 2%, Skim, Chocolate (250ml)/ **\$2.50 each**

Warner Farms Apple Cider (1L) / **\$14 each**

## **Breakfast Breads and Pastries**

Muffins: Cranberry, Blueberry, Raisin Bran, Apple Cinnamon / **\$38 doz**

Low Fat, Low Sugar Tender Pumpkin Muffins / **\$44 doz**

Soft Plump Sugared Scones: Served with Whipped Butter and Preserves / **\$32 doz**

Orange Cranberry Scones / **\$30 doz**

Freshly Baked Bagels: Served with Cream Cheese / **\$38 doz**

Freshly Baked Cinnamon Rolls / **\$38 doz**

Oven Baked Croissants: Chocolate, Almond and Regular / **\$38 doz**

Freshly Baked Danish: Sweet Flaky Pastry Topped with Assorted Fruit / **\$36 doz**

Seasonal Fresh Fruit Skewers (2 Per Person)

-- Canadian Maple Yogurt / **\$6.95 per person**

Sliced Seasonal Fresh Fruit Platter / **\$6.50 per person**

Assorted Dry Cereals with 2% Milk / **\$4.75 per person**

Low Fat and Assorted Fruit Yogurt / **\$3.50 each**

Whole Fresh Local Fruit / **\$2.75 each**

Granola Bars / **\$2.75 each**

Breakfast Bread Loaf (12 slices) / **\$32 Loaf**

Coffee Cake Loaf (12 slices) / **\$32 Loaf**

Yogurt Parfaits / **\$6.95 each**

Fruit Smoothie / **\$6.95 each**

Hot Oatmeal: Apple Cinnamon with Brown Sugar & Raisins / **\$3.95 each**

Power Bars / **\$4.25 each**

Gluten Free Breakfast Items / **\$6.50 each**

## Sweets and Snacks

Assorted Tarts & Squares / \$34 doz

Mini Cheesecake Squares / \$34 doz

Assortment of Freshly Baked Cookies / \$25 doz

Cookies: Chocolate Chip Cookies,  
Oatmeal Raisin, Double Chocolate, Peanut Butter,  
White Chocolate Macadamia, Shortbread / \$32 doz

Individual Bags of Potato Chips / \$2.25 each

Macaroons Assortment of Flavours / \$3.50 per person

Individual Crudités / \$4.50 each

Ontario & Canadian Cheese & Crackers / \$6.50 per person

Chocolate Bars / \$3.25 each

Warm Jumbo Pretzels with Cheddar Cheese & Salsa / \$4.25 each

Assortment of Mixed Nuts (Basket) / \$26 each

Ice Cream Bars / \$3.95 each

Premium Ice Cream Bars / \$4.95 each

Individual Trail Mix (Assorted Flavors) / \$4.25 each





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